



# Adult Coloring Journal: Nar-Anon (Floral Illustrations, Blue Orchid)

*Courtney Wegner*

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## Adult Coloring Journal: Nar-Anon (Floral Illustrations, Blue Orchid) Courtney Wegner

Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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#### **Mildred Ortiz:**

A lot of people always spent their particular free time to vacation as well as go to the outside with them family or their friend. Were you aware? Many a lot of people spent they will free time just watching TV, or even playing video games all day long. If you need to try to find a new activity here is look different you can read a book. It is really fun to suit your needs. If you enjoy the book you read you can spent all day every day to reading a publication. The book Adult Coloring Journal: Nar-Anon (Floral Illustrations, Blue Orchid) it is rather good to read. There are a lot of individuals who recommended this book. These were enjoying reading this book. When you did not have enough space to develop this book you can buy the particular e-book. You can m0ore simply to read this book through your smart phone. The price is not too costly but this book possesses high quality.

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Your reading sixth sense will not betray you actually, why because this Adult Coloring Journal: Nar-Anon (Floral Illustrations, Blue Orchid) publication written by well-known writer who knows well how to make book that can be understand by anyone who all read the book. Written within good manner for you, still dripping wet every ideas and creating skill only for eliminate your hunger then you still doubt Adult Coloring Journal: Nar-Anon (Floral Illustrations, Blue Orchid) as good book not just by the cover but also through the content. This is one e-book that can break don't evaluate book by its protect, so do you still needing one more sixth sense to pick this specific!/? Oh come on your looking at sixth sense already alerted you so why you have to listening to a different sixth sense.

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