



Happy Hens and Fresh Eggs: Keeping Chickens in the Kitchen Garden, with 100 Recipes

Signe Langford

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* Winner of the Best Single Subject Book in Canada (English) at the 2016 Gourmand Cookbook Awards! *

Today's renaissance of the backyard flock is driven by a growing desire for healthy organic ingredients, food security and animal welfare—and while hunger might be “the best sauce,” a dash of self-sufficiency is remarkably satisfying too. As communities across the country amend urban bylaws to allow backyard flocks, more and more of us are enjoying the pleasures and rewards of keeping hens in the garden.

In addition to tending her family's flock as a child, Signe Langford has kept chickens in her urban yard for almost a decade. Her book is stuffed full of practical advice on keeping the garden both gorgeous and productive and hens happy and healthy. In addition to answering questions about coop construction, year-round egg production and whether or not a rooster is really needed, she covers the best breeds for backyards. Langford includes dozens of simple and elegant recipes from her own kitchen, as well as contributions from celebrated chefs.

With beautiful photographs, illustrations and garden plans, this book is sure to become a favorite of avid and aspiring backyard farmers alike.

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