



# Herbs Gone Wild! Ancient Remedies Turned Loose (Volume 1)

*Diane Kidman*

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## The Herbal Wisdom Our Grandmothers Knew – Made Simple

Have you been longing to ditch over-the-counter medicines and treat your family more naturally, but it all seemed too intimidating? Not sure which herbs to use when, and whether or not they're too strong or dangerous for your children? Tired of feeling like you have no other choice than to grab what's for sale at the supermarket when your child comes home with the sniffles? It's time to tap into your inner owl and gain some herbal wisdom.

## Perfect for Home Herbalists, Homesteaders, and Preppers!

Herbal remedies don't have to be intimidating or overwhelming. There are many easy remedies you and your family can use when the cold or flu strike, or when you're hoping to avoid dangerous prescription medications for things such as high blood pressure, arthritis, sinusitis, or asthma. Herbs Gone Wild! helps take the mystery out of herbalism and puts your family's health back into your control.

## Entertaining From Beginning to End

A spoonful of humor makes herbal medicine go down that much easier – Diane Kidman teaches with wit and laughter, sharing anecdotes to keep your learning at a good clip. Her recipes are clear cut and easy to follow, and the Herbal Medicine Guide at the end of the book helps you to quickly reference over 70 herbs for home use.

## Over 100,000 People Have Downloaded It! What Do They Think?

*"This book is one of the best herb books I have read. Very simple and straight forward. I fell as though I can actually make the tincture and salve, where as other books describe it in a complex way." "I refer to this book at least once a week." "I learned a lot from this ebook. Diane Kidman has a way of writing that is enjoyable to read while you learn. I purchased this ebook in December and have read it a couple of times. Something new sinks in each time I read it. Thanks, Diane Kidman! I needed this ebook!"*

## About the Author:

Diane Kidman came about herbs quite by accident. As many new mothers do, she completely freaked out. What was she going to give this tiny being? Red dye #5? Glowing pink goop? Cough syrups strong enough to be sold on street corners? Blogging her trials and errors on <http://dkMommySpot.com>, she discovered there were many people out there who saw things like she did. There must be a more natural way to care for ourselves and our families. She eventually studied herbalism with the Southwest School of Botanical Medicine and continues to study through real-life practice. She is often found in the woods, leaves and twigs stuck in her hair.

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