



# **NAIL THE BOARDS 2007-2008! The Ultimate Internal Medicine Review for USMLE STEPS 2 & 3**

*Bradley D. Mittman MD*

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This review is ideal for medical students & residents who are looking for the ultimate board review book for the internal medicine components of the USMLE STEPS 2 & 3. Students who are preparing for these exams and are thinking about a residency in medicine, as well as current internal medicine residents will also be way ahead of the game when it comes time to sit for the medicine boards, that one last boards we take in your third year of medicine residency. This book is concise, thorough, and fully-outlined, so you will clearly see the relationship between all the key concepts you'll have to know and what you'll need to know. It also features tons of great mnemonics you'll thank your lucky stars for. Speaking of stars, we know you'll appreciate our ample use of formatting, to help direct your attention to particularly important material and/or common or recurring themes. You should know that this book is an excellent companion to the FRONTRUNNERS 2008 INTERNAL MEDICINE Q&A REVIEW, which features over 1300 Q&A with explanations to prepare you for battle. If you're a mnemonics fan (and who isn't?), and you like the ones here, then you'll definitely want to check out TURBO MNEMONICS FOR THE BOARDS 2008, featuring over 400 MEMORY AIDS to the Most Commonly Asked Material on the USMLE Clinical Steps & Medicine Boards. You'll find these and other invaluable resources on the very last page of this book, the "Quick Order Form". Even if you're not prepping for the boards, these resources comprise the best no-nonsense review of internal medicine you'll find anywhere. It's our job to ensure nothing comes close. Founded in the same tradition of excellence of our popular Internal Medicine Board Review Course, Nail the Boards remains today much of the same core material for our board review course, which has seen unparalleled pass rates among its students. The course has been widely and enthusiastically received for its unconventional, no-nonsense approach to the review of internal medicine. Unfortunately, thousands of physicians, wanting to pass their boards, are simply unable to attend a formal board review course due to time or geographic constraints. For those physicians especially, this book will be a welcome review, and is ideal for the internal medicine components of the USMLE Steps 2 & 3. This book is completely outlined, so that the relationship between concepts is crystal clear no more guessing! You'll also find tons of key mnemonics you'll definitely be using on your exam, along with contributive formatting through the efficient use of bolds, underlining, italics, boxed-in points, truly an outstanding way to capitalize on those last few hours before your exam. A thorough and realistically designed Index section, makes those last-minute look-ups a cinch! From the outlined presentation, every aspect of this book has been designed with quick assimilation and excellence in mind. We want to share that excellence with you, because if you've read this far, your standards are ultra-high like ours. Frontrunners' motto, "When all you wanna know is what you GOTTA know!" reflects our realistic "this-is-what-you-have-to-know" philosophy toward medicine that has consistently churned out top national pass rates among its students from year to year on the medicine. We also passionately hold to the philosophy that, "Hey, if you know an easier way to board review, why not share it with others?" Now in its fifth edition, Nail the Boards has met with tremendous success, but that success has only come about through your successes on the boards. Whether it's board review or self-assessment, take these books; learn them; and excel.

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