



# Good 'N Healthy! (Teachable Moments Cookbooks for Kids)

*Brenda Ward, Jane Cabaniss Jarrell*

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**Good 'N Healthy! (Teachable Moments Cookbooks for Kids)** Brenda Ward, Jane Cabaniss Jarrell  
Being kind to yourself, kind to others, and kind to God's creations are just a few of the values kids will discover while creating healthy foods they love. This book is packed with ideas that are good for both body and spirit.

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