



# How to Fix a Leek: & Other Foods from Your Farmers' Market

*Sandra Garson*

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## **How to Fix a Leek: & Other Foods from Your Farmers' Market** Sandra Garson

In *How to Fix a Leek*, Sandra Garson answers the most common questions posed to Maine farmers at their markets: What is this? How long will you have it? Can I store it? What will I do with it? This easy-to-read, comprehensive guide includes uses for the marvels the farmers produce and carefully chosen, quick step-by-step recipes-taking full advantage of local flavor-so your meals are as memorable as Maine. About the author: Sandra Garson, a journalist, is passionate about food and Maine. Her first book, *How To Fix a Leek*, is the premier guide to farmers' markets. Garson's *Veggiyana: The Dharma of Cooking*, with 108 precious recipes, to be published September 2011, will be the first book about how the Buddha influenced what we eat. Her food essays have been published in *Downeast Magazine*, *Yankee*, *Radcliffe Culinary Times*, the *New Fillmore*, and *Tricycle*, the Buddhist quarterly. Garson is an advisor to the Himalayan Pantry in New York, former owner of *Tastewrights Catering* in Brunswick and sold baked goods at the Brunswick Farmers' Market during the 1985 season.

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