



Ama Guidelines for Adolescent Preventive Services (Gaps : Recommendations and Rationale)

Arthur B., M.D. Elster, Naomi J., Ph.D. Kuznets

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Focusing on the "well child exam", this book offers recommendations for practitioners who see adolescent patients. It provides a framework for the organization and content of routine health care for 11-21 year olds. Recommendations include those directed at: dietary habits, eating disorders and obesity; sexual development; physical fitness; use of alcohol, other drugs and anabolic steroids; need for immunizations; treatment of severe or recurrent depression; and risk of hypertension and hyperlipidemia.

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