



# Garden Yoga: Memoirs of a Goya

*Sherrill Anne Layton*

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## **Garden Yoga: Memoirs of a Goya** Sherrill Anne Layton

In this skip down the beds of her past and present gardens, Sherrill Layton offers us a humorous glimpse of her lives spent as child, sister, wife, mother, and, finally, herself. The birth of Sherrill's voice never had a forum until grief forced her to speak. Garden Yoga is a philosophical take on the seasons of our lives and our elemental evolution. Comedy and tragedy, frogs, and the incompetence of the Israeli justice system mix with earth and one woman's truth to ring out among the chrysanthemums!

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