



Piano Technique Demystified: Insights Into Problem Solving

Neil Stannard

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If you've ever felt at a loss as to how to achieve the excellence you would like at the piano, then take a look at this book. In this volume you will find the distillation of a life in music, a "how to" for the musician seeking joy in music-making. Here are insights into learning to play using the natural design of the body. Dispel old wives' tales and myths left over from the 18th century. Learn to make accurate leaps, to play fast without feeling hurried. What is practicing and how and why should we memorize music? And how can we put anxiety to good use? What is a good hand position and really, how slowly should I practice? Non-pianists will find information on performance anxiety, memorizing and effective practice methods, as well as insights into efficient movement applicable to other instruments. The author took part in the first Taubman Institute at Rensselaerville, NY, and though not a representative of the institute, he has participated in many, studying privately in New York for many years with Edna Golandsky.

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