



The Indian Spice Kitchen: Essential Ingredients and Over 200 Authentic Recipes

Monisha Bharadwaj

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A feast for the eyes as well as the mind, this is a comprehensive encyclopedia of the mouth-watering ingredients used in Indian cooking. Monisha Bharadwaj shares the secrets of Indian cuisine and celebrates its variety and ingenuity. From asafoetida to walnuts, each of 100 ingredients is explored, giving useful advice about its appearance and taste, how it grows, how to store it and, of course, its culinary uses, complemented with over 200 classic Indian dishes.

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