



Dolce Famiglia

David Rocco

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A tavola non si invecchia.

At the table (with good friends and family) you do not grow old.

In his first two bestselling cookbooks, *David Rocco's Dolce Vita* and *Made in Italy*, celebrity chef and author David Rocco gave readers delicious traditional Italian recipes that any home cook can master. His inspiration, as always: the fresh, simple cooking of the Italian Cucina Povera, or peasant cuisine, that has inspired people around the world.

He continues that trend with *David Rocco's Dolce Famiglia*. This book is all about family cooking. *Dolce Famiglia* includes many of David's family-friendly recipes, running the gamut from essential sauces every home cook should have in their repertoire to snacks, salads, mains and desserts that he makes for his own family. But more than that, the book pays tribute to the people who have inspired him, by telling their stories and sharing their recipes.

Dolce Famiglia explores family cooking and heritage foods from across Italy, focusing on the families who have worked as food purveyors over generations. Featuring the richly textured photography and gorgeous design of the previous titles, *Dolce Famiglia* looks at the stories behind such iconic and delicious Italian exports as parmigiano reggiano, gelato and balsamic vinegar, offering the kind of treasured, always-in-the-family recipes that are such a hallmark of Italian cuisine.

As David puts it, "At the end of the day ingredients don't have hearts and souls. It's the people and the families who pour their blood, sweat and tears into the making of these iconic products. It's families who are the gatekeepers to this traditional style of cooking."

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