



Listen: Five Simple Tools to Meet Your Everyday Parenting Challenges

Patty Wipfler, Tosha Schore

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Listen introduces parents to five simple, practical skills even the most harried parent can use. These tools will help parents strengthen their connection with their child and help build their child's intelligence, cooperation, and ability to learn as they grow. The book delivers detailed information accompanied by more than one hundred real-life stories from parents who've used this approach to address the root causes of their child's difficult behaviors.

Five surprising things parents will learn:

- You don't have to reward or punish willful children to get them to cooperate.
- Aggressive kids are frightened kids, and there are simple tools to ease their fear so they don't need to lash out.
- Your willingness to just listen to crying or tantrums often is enough to heal a child's fears and hurts.
- Safe play during which your kid becomes the boss can reveal his hidden feelings-- and heal them too.
- Parents who regularly listen to one another's struggles, without judging or advising, often clear so much toxic emotion that their children benefit greatly.

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