



# Special Needs Parenting: From Coping To Thriving

*Lorna Bradley*

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## **Special Needs Parenting: From Coping To Thriving** Lorna Bradley

Special Needs Parenting: From Coping to Thriving offers emotional and spiritual resources for the journey of special needs parenting. Sharing personal insights as a theologian and the parent of an adult son with special needs, Rev. Dr. Lorna Bradley offers seven encouraging and practical tools to help the reader: o gain a deeper, grace-filled understanding of God's presence o process deeply held feelings of grief and guilt o discover strategies for patience, self-care, and healthy relationships o find hope and healing Powerful for the individual reader, the built-in reflection and discussion questions make Special Needs Parenting an ideal, real-life resource for small groups. Special Needs Parenting is a must read for family members, pastors, and any person who works with special needs families. Dr. Bradley explores their challenges, grief, and joy with deep sensitivity, theological depth, and practical advice. A blessing to all who read it and allow their lives to be touched by wisdom born of personal experience and biblical scholarship.

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