



# Play in Family Therapy, Second Edition

*Eliana Gil PhD*

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# Play in Family Therapy, Second Edition

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## **Play in Family Therapy, Second Edition** Eliana Gil PhD

This classic volume, now completely revised, has helped tens of thousands of therapists integrate play therapy and family therapy techniques in clinical practice. Eliana Gil demonstrates a broad range of verbal and nonverbal strategies for engaging all family members--including those who are ambivalent toward therapy--and tailoring interventions for different types of presenting problems. Numerous case examples illustrate ways to effectively use puppets, storytelling, art making, the family play genogram, drama, and other expressive techniques with children, adolescents, and their parents. Gil offers specific guidance for becoming a more flexible, creative practitioner and shows how recent advances in neuroscience support her approach. Photographs of client artwork are included.

### New to This Edition

- \*Incorporates 20 years of clinical experience and the ongoing development of Gil's influential integrative approach.
- \*All-new case material.
- \*Discusses how current brain research can inform creative interventions.
- \*Heightened focus on personal metaphors, complete with detailed suggestions for exploring and processing them.

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