



# To Eat: A Country Life

*Joe Eck, Wayne Winterrowd*

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## A memorable book about the path food travels from garden to table

A celebration of life together, a tribute to an utterly unique garden, a wonderfully idiosyncratic guide for cooks and gardeners interested in exploring the possibilities of farm-to-table living? *To Eat* is all of these things and more.

In 1974, Joe Eck and Wayne Winterrowd moved from Boston to southern Vermont, where they became the proprietors of a twenty-eight-acre patch of wilderness. The land was forested, overgrown, and wild, complete with a stream. Today, North Hill's seven carefully cultivated acres?open to visitors during the warmer months?are an internationally renowned garden.

In the intervening years, both the garden and the gardening books (*A Year at North Hill*, *Living Seasonally*, *Our Life in Gardens*) Eck and Winterrowd created together have been acclaimed in many forms, including in the pages of *The New York Times*. They were at work on *To Eat*?which also includes recipes from the renowned chef and restaurateur Beatrice Tosti di Valminuta and beautiful illustrations from their long-time collaborator Bobbi Angell?when Winterrowd passed away, in 2010.

Informative, funny, and moving, the delights within?a runaway bull; a recipe for crisp, fatty *chicarrones*; a personal history of the Egyptian onion; a hymn to the magic of lettuce?are sure to make *To Eat* a book readers return to again and again.

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