



# Granola Cookbook: Delicious Granola & Oat Recipes

*Michelle Bakeman*

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## **Granola Cookbook: Delicious Granola & Oat Recipes** Michelle Bakeman

Granola is a tasty mix of oats, nuts, honey, and sometimes dried fruits. Not only is granola tasty, but it has amazing health benefits including:

- Reducing Risk of Anemia
- Maintaining a Healthy Weight
- Tons of Great Dietary Fibers
- Reduced Risk of Heart Disease
- And Much More!

Get started creating your own homemade granola bars today!

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