



Profiles in Dental Courage: How to Completely Overcome Your Fear of the Dentist

Harvey Passes DDS

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Optimal oral health requires regular visits to the dentist—so why do so many Americans avoid scheduling that vital appointment? Harvey Passes, DDS, has the simple answer: fear.

For forty years, Dr. Passes has watched as his patients struggle against phobias that result in unnecessary stress and preventable oral health problems. In this funny and compassionate how-to memoir, he presents his unique personal approach to the dental profession, showcases various patients who have successfully overcome their phobias, offers helpful techniques to those who fear the chair, and gives tips for improving oral health through this *exclusive experience*.

Dr. Passes's patients refer to him as the Singing Dentist, and many credit his pleasing voice and vast repertoire of songs with creating the warm, relaxing environment that has finally allowed them to become comfortable in the dentist's chair.

Whether you're a mother who is unintentionally risking your child's developing teeth through poor diet, or an elderly person who thinks dental health worries don't apply to you, *Profiles in Dental Courage* will help keep you informed about oral health.

Most importantly, if fear of the dentist is getting in the way of your oral health, Dr. Passes will convince you that your phobias, while common and understandable, are not insurmountable.

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Marylou Arroyo:

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