



How Great Golfers Think

Bob Skura, Edited by Fina Scropo, Design and layout by Heidi Lawrance & Associates

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Is it possible to learn the secrets of the mental game of golf from a book that's fun to read? Absolutely, thanks to *How Great Golfers Think* by Bob Skura. In this lesson-story format, the main character, Kip, realizes he's never going to improve his play if he doesn't change his approach to the game. As a result, he and three golfing buddies find a mentor named Doc, who teaches them how to apply the mental skills that golf's greatest achievers have used. Doc, a successful player in his own right, bases his lessons on solid research, illustrating them with examples that even non-golfers can relate to. Each of the men takes his game to a higher level by the end of the book, but Kip has an especially exciting experience during his pursuit of a U.S. Amateur title. You'll want to be a part of it. — Develop the essential mental skills that anyone can benefit from, whether you're an elite amateur, an aspiring pro or a weekend player. - Build a strong self-image the way the game's icons built theirs_ - Take your game from the practice range to the first tee_ - See more - and better - shots through simple visualization techniques_ - Assemble the building blocks for getting into 'the zone'

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