



The Joy of Being 50 Plus

Allia Zobel

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The baby boomers are turning 50 - one by one, at the alarming rate of every seven seconds for the next 16 years. And just how many will be happily looking forward to blowing out a galaxy of candles and admitting to the world that they're half a century old? Very few, in Allia Zobel's opinion. But that's because they're not looking on the bright side.

In a new collaboration after *The Joy of Being Single* (138,000 copies in print), Ms. Zobel and New Yorker cartoonist Roz Chast take on another seemingly sore subject - being 50 in society that worships youth - and find excellent reasons to celebrate. Such as:

- You can get a tattoo and chalk it up to hormone imbalance.
 - You can brag to your friends if a construction worker whistles at you.
 - You can have complaining contests about your bunions.
 - You look divine in hats and sunglasses.
 - You're old enough to be a grouch.
 - You can speak from experience.
 - You now know the things you wish you'd known back when, and still have time to do something about it.
- And while neither Ms. Zobel nor Ms. Chast is anywhere near the magic five-oh (it's the fluorescent lighting), they speak with authority as they advise all 50-year-olds to blow their own horn (if they have enough wind) and beat their own drum (arthritis permitting).

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