



# Cross-Country Skiing (Beginning Sports)

*Kara L Laughlin*

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## **Cross-Country Skiing (Beginning Sports)** Kara L Laughlin

A very simple introduction to the sport of cross-country skiing, the equipment used, and how it is done. Additional features to aid comprehension include fun facts, a table of contents, a phonetic glossary, sources for further research, an index, and an introduction to the author.

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