



12 Steps 12 Stories: Spiritual messages of recovery for children and the child in you.

Debra Alessandra

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12 Steps 12 Stories: Spiritual messages of recovery for children and the child in you. Debra Alessandra 12 steps 12 stories is an enjoyable and helpful children's book which provides those involved in recovery with a fresh new resource to use when approaching the younger members of their family. A valuable tool with a strong spiritual emphasis for families to explore and enjoy together, these 12 stories will assist parents, grandparents, relatives, counselors, therapists, and members of the clergy to begin to discuss the spiritual principles behind the steps. Based on the proven success of Alcoholics Anonymous, this simple and inspiring book offers age appropriate stories to coincide with each step in the twelve step recovery process. Included after each story is a follow-up guide to encourage additional conversation and exploration. Her beautifully illustrated book will ease the loneliness, fear, and confusion that a child may feel but is unable to express. These stories help children understand the nature of the changes in their home that accompany recovery in a language they can grasp. True prevention work begins by reaching out to young children of alcoholics in an effort to avoid continuing the family legacy and generational issues of addiction. Debra believes children can overcome the dramatic effects of living in a home the struggles with substance abuse. Additionally, she encourages others to include children in the recovery process in their home.

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understand. The particular writer made some investigation when he makes this book. That's why this book acceptable all of you.

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